

**Class:** Big Sprouts

**Week of:** 4/14/24

**Focus:** Spring

**Feeling of the Month:** Happy

**Kind Act of the Month:** Cheering On Our Friends

	Activities	Skills
<b>Morning Meeting</b> ( <i>Feelings/ Cognitive Skills/ Literacy</i> )	<ul style="list-style-type: none"><li>• Talking about Spring Weather</li><li>• Practicing Deep Breaths and Gentle Hands</li><li>• Read: <i>Frog and Toad are Friends</i></li><li>• Reviewing All Fingers</li></ul>	<ul style="list-style-type: none"><li>• Understanding Seasons</li><li>• Self-Soothing techniques</li></ul>
<b>Kindness and Caring</b> ( <i>Self-help/ SEL</i> )	<ul style="list-style-type: none"><li>• Friendship Towers</li><li>• Kindness Cards</li></ul>	<ul style="list-style-type: none"><li>• Building &amp; Sharing</li><li>• Showing Kindness &amp; Following Directions</li></ul>
<b>Outdoor Explorations</b> ( <i>Outdoor learning</i> )	<ul style="list-style-type: none"><li>• Water Painting</li><li>• Mud Pie Sensory Bin</li></ul>	<ul style="list-style-type: none"><li>• Using a Paintbrush</li><li>• Sensorial &amp; Nature Appreciation</li></ul>
<b>Questioning</b> ( <i>Science/Tech./ Engineering/Math</i> )	<ul style="list-style-type: none"><li>• Friendship Bracelets</li><li>• Family Matching</li></ul>	<ul style="list-style-type: none"><li>• Pincer Movements</li><li>• Animal Recognition &amp; Pincer</li></ul>
<b>Discovery</b> ( <i>Art/Sensory</i> )	<ul style="list-style-type: none"><li>• Friendship Quilt</li><li>• Group Coloring</li></ul>	<ul style="list-style-type: none"><li>• Handprint Art &amp; Threading</li><li>• Holding Markers &amp; Sharing</li></ul>
<b>Moving and Grooving</b> ( <i>Gross Motor</i> )	<ul style="list-style-type: none"><li>• Kindness Cards</li><li>• Freeze Dance</li></ul>	<ul style="list-style-type: none"><li>• Showing Kindness &amp; Following Directions</li><li>• Following Directions</li></ul>