

**Class:** Cedars

**Week of:** 03.10.25

**Focus:** Summer in Books

**Feeling of the Month:** Sad

**Kind Act of the Month:** Telling the Truth

|                                                                             | <b>Activities</b>                                                                                                                                                                                    | <b>Skills</b>                                                                 |
|-----------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| <b>Morning Meeting</b><br><i>(Feelings/ Cognitive Skills/<br/>Literacy)</i> | <ul style="list-style-type: none"><li>● Chapter book, “<b>Magic Tree House #1</b>”</li><li>● Review and relearn our alphabet sounds</li><li>● Handwriting practice</li></ul>                         | Literacy<br>Phonics<br>Holding a pencil                                       |
| <b>Kindness and Caring</b><br><i>(Self-help/SEL)</i>                        | <ul style="list-style-type: none"><li>● Learn to be respectful to nature and bugs</li><li>● Asking teachers if they need help with anything</li><li>● Organize and wipe down cubbies</li></ul>       | Empathy<br>Kindness<br>Responsibility                                         |
| <b>Outdoor Explorations</b><br><i>(Outdoor learning)</i>                    | <ul style="list-style-type: none"><li>● Look for caterpillars on the fences and in the garden</li><li>● Butterfly migration race</li><li>● Read the <i>Very Hungry Caterpillar</i> outside</li></ul> | Patience<br>Coordination<br>Literacy                                          |
| <b>Questioning</b><br><i>(Science/Tech./<br/>Engineering/Math)</i>          | <ul style="list-style-type: none"><li>● Caterpillar tracing pages</li><li>● Life cycle of a butterfly</li><li>● Very Hungry Caterpillar graph with days of the week</li></ul>                        | Pre-writing skill<br>Sequencing skills<br>Sorting                             |
| <b>Discovery</b><br><i>(Art/Sensory)</i>                                    | <ul style="list-style-type: none"><li>● Very Hungry Caterpillar hand craft</li><li>● VHC head wrap craft</li><li>● Hanging fruit craft</li></ul>                                                     | Hand eye coordination<br>Cutting small lines<br>Cutting, gluing and threading |
| <b>Moving and Grooving</b><br><i>(Gross Motor)</i>                          | <ul style="list-style-type: none"><li>● VHC Four Corners game</li><li>● VHC Yoga by Cosmic Kids</li><li>● Flying butterfly meditation</li></ul>                                                      | Decision making<br>Balance and control<br>Self-regulation                     |