

Class: Big Sprouts

Week of: 3/10/24

Focus: Fall Books

Feeling of the Month: Courageous

Kind Act of the Month: Sharing Toys

| | Activities | Skills |
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| Morning Meeting <i>(Feelings/ Cognitive Skills/ Literacy)</i> | <ul style="list-style-type: none">● Talking about Fall● Practicing Deep Breaths and Gentle Hands● Read <i>The Leaf Thief and Pete the Cat Falling for Autumn</i>● Learning Middle Finger | <ul style="list-style-type: none">● Understanding Seasons● Self-Soothing techniques |
| Kindness and Caring <i>(Self-help/ SEL)</i> | <ul style="list-style-type: none">● Cheering our Friends on● Sharing toys with friends | <ul style="list-style-type: none">● Empathy & Compassion● Sharing |
| Outdoor Explorations <i>(Outdoor learning)</i> | <ul style="list-style-type: none">● Collecting Leaves● Making a Leaf Blanket● Collecting Acorns | <ul style="list-style-type: none">● Fine Motor & Pincer● Hand Eye Coordination● Nature Observation & Pincer |
| Questioning <i>(Science/Tech./ Engineering/Math)</i> | <ul style="list-style-type: none">● Leaf Organization● Counting Acorns | <ul style="list-style-type: none">● Sizing & Nature Observation● Counting & Pincers |
| Discovery <i>(Art/Sensory)</i> | <ul style="list-style-type: none">● Acorn art● Leaf Rub | <ul style="list-style-type: none">● Moving Bucket Around● Coloring & Rubbing |
| Moving and Grooving <i>(Gross Motor)</i> | <ul style="list-style-type: none">● Squirrel Run● Color Run | <ul style="list-style-type: none">● Coordination & Balance● Obstacle Course & Imaginative Play |