

Class: Sprigs

Week of: 2/17 - 2/21

Focus: Cold Places

Feeling of the Month: Jealousy

Kind Act of the Month: Being Selfless

	Activities	Skills
Morning Meeting <i>(Feelings/ Cognitive Skills/ Literacy)</i>	<ul style="list-style-type: none">● Read <i>The Lights That Dance in the Night</i> by Yuval Zommer● Taiga and Boreal Forest● Count to 50	<ul style="list-style-type: none">● Listening/Comprehension● Environmental Awareness● Counting
Kindness and Caring <i>(Self-help/ SEL)</i>	<ul style="list-style-type: none">● Read <i>The Not-So-Friendly Friend</i> by Christina Furnival● Using Kind Words to Set Boundaries● Sweeping After Ourselves	<ul style="list-style-type: none">● Boundaries● Kindness● Cleanliness
Outdoor Explorations <i>(Outdoor learning)</i>	<ul style="list-style-type: none">● Painting with Nature● Visiting Fairy Houses● Aurora Borealis Sensory Bin	<ul style="list-style-type: none">● Environmental Awareness● Imagination● 5 Senses
Questioning <i>(Science/Tech./ Engineering/Math)</i>	<ul style="list-style-type: none">● Noodle Soup and Chat● Northern Lights Jar● Northern Lights Sugar Cookies	<ul style="list-style-type: none">● Cooking and Conversion● Gluing● Mixing and Pouring
Discovery <i>(Art/Sensory)</i>	<ul style="list-style-type: none">● Pine Tree Craft● Aurora Borealis Foil Painting● Huldufólk Air-Dry Clay Cookies	<ul style="list-style-type: none">● Cutting● Painting● Fine Motor
Moving and Grooving <i>(Gross Motor)</i>	<ul style="list-style-type: none">● Heart Twister● Joybob the Polar Bear Yoga● Count to 100 and Workout	<ul style="list-style-type: none">● Colors and Mobility● Gross Motor● Counting