

Class: Cedars

Week of: 02.17.25

Focus: Scandinavia

Feeling of the Month: Excited

Kind Act of the Month: Including others

	Activities	Skills
Morning Meeting <i>(Feelings/ Cognitive Skills/ Literacy)</i>	<ul style="list-style-type: none">● Chapter book, “Elmer and the Dragon”● Sight words: A, me, I, to● Handwriting practice	Literacy Phonics Fine motor
Kindness and Caring <i>(Self-help/SEL)</i>	<ul style="list-style-type: none">● Make art for the huldufólk● Work on setting boundaries with friends● Working on including friends in games	Caring for others Communicating boundaries Inclusivity
Outdoor Explorations <i>(Outdoor learning)</i>	<ul style="list-style-type: none">● Look for signs of huldufólk● Rune carvings in the dirt● Read our chapter to the huldufólk	Problem solving Fine motor Literacy
Questioning <i>(Science/Tech./ Engineering/Math)</i>	<ul style="list-style-type: none">● Learn about “Huldufólk”● Learn about volcanoes, experiment● Learn about vikings, Leif Erikson	Mythological creatures Cause and effect History
Discovery <i>(Art/Sensory)</i>	<ul style="list-style-type: none">● Viking name signs● Gnome puppets● Viking helmets	Tracing Gluing and assembling Pretend play
Moving and Grooving <i>(Gross Motor)</i>	<ul style="list-style-type: none">● Pretend to be viking rowing our ship● Frozen themed yoga by Cosmic Kids● Glacier hopping	Playing pretend Balance and control Balance and control