

**Class:** Sprigs

**Week of:** 12/16 - 12/20

**Focus:** Winter

**Feeling of the Month:** Relaxed

**Kind Act of the Month:** Compassion

	<b>Activities</b>	<b>Skills</b>
<b>Morning Meeting</b> <i>(Feelings/ Cognitive Skills/ Literacy)</i>	<ul style="list-style-type: none"><li>● Read <i>The Shortest Day: Celebrating Winter Solstice</i> by Wendy Pfeffer</li><li>● All About Holidays</li></ul>	<ul style="list-style-type: none"><li>● Listening/Comprehension</li><li>● Cultural Diversity</li></ul>
<b>Kindness and Caring</b> <i>(Self-help/ SEL)</i>	<ul style="list-style-type: none"><li>● Read <i>Kindness Starts with You</i> by Jacquelyn Stagg</li><li>● Opening Up Wrappers</li><li>● Cleaning Our Faces</li></ul>	<ul style="list-style-type: none"><li>● Fine Motor</li><li>● Cleanliness</li></ul>
<b>Outdoor Explorations</b> <i>(Outdoor learning)</i>	<ul style="list-style-type: none"><li>● Ball Toss</li><li>● Sand Play</li><li>● Puffy Paint Snowman</li></ul>	<ul style="list-style-type: none"><li>● Gross Motor</li><li>● Mixing and Pouring</li><li>● Gluing</li></ul>
<b>Questioning</b> <i>(Science/Tech./ Engineering/Math)</i>	<ul style="list-style-type: none"><li>● Snowman Snack</li><li>● Whale Paper Chain</li><li>● Ice and Salt Experiment</li></ul>	<ul style="list-style-type: none"><li>● Fine Motor</li><li>● Patterns</li><li>● Cause and Effect</li></ul>
<b>Discovery</b> <i>(Art/Sensory)</i>	<ul style="list-style-type: none"><li>● Evergreen Trees</li><li>● Yeti Paper Craft</li><li>● Arctic Animal Sensory Table</li></ul>	<ul style="list-style-type: none"><li>● Cutting</li><li>● Fine Motor</li><li>● Senses</li></ul>
<b>Moving and Grooving</b> <i>(Gross Motor)</i>	<ul style="list-style-type: none"><li>● Winter Animals Yoga</li><li>● Freeze Ice Skating</li><li>● Yeti Hopscotch</li></ul>	<ul style="list-style-type: none"><li>● Listening</li><li>● Gross Motor</li></ul>

