

**Class:** Cedars

**Week of:** 12.16.24

**Focus:** Winter

**Feeling of the Month:** Sad

**Kind Act of the Month:** Including Others

	<b>Activities</b>	<b>Skills</b>
<b>Morning Meeting</b> <i>(Feelings/ Cognitive Skills/ Literacy)</i>	<ul style="list-style-type: none"><li>● Start a new chapter book</li><li>● Go over our vowels vs consonants</li><li>● Numbers 1-30</li></ul>	Self confidence Sound comprehension Counting higher
<b>Kindness and Caring</b> <i>(Self-help/SEL)</i>	<ul style="list-style-type: none"><li>● Make our holiday gifts for our grownups</li><li>● Holiday cards for teachers</li><li>● Asking friends if they want to play with us</li></ul>	Generosity Empathy Kindness
<b>Outdoor Explorations</b> <i>(Outdoor learning)</i>	<ul style="list-style-type: none"><li>● Check to see if we see our breath outside</li><li>● Winter freeze tag</li><li>● Holiday music dance party</li></ul>	Weather observation Stop and go and teamwork Gross motor
<b>Questioning</b> <i>(Science/Tech./ Engineering/Math)</i>	<ul style="list-style-type: none"><li>● Make hot cocoa to enjoy</li><li>● Winter matching game</li><li>● Build a snowman race</li></ul>	Measuring and patience Visual memory Teamwork
<b>Discovery</b> <i>(Art/Sensory)</i>	<ul style="list-style-type: none"><li>● Gingerbread men collage</li><li>● Dot marker ornaments</li><li>● Hot cocoa plates</li></ul>	Decision-making Hand-eye coordination Creativity and gluing
<b>Moving and Grooving</b> <i>(Gross Motor)</i>	<ul style="list-style-type: none"><li>● “Shoveling” snow with cotton balls</li><li>● Winter movement cards</li><li>● Christmas themed “Floor is Lava”</li></ul>	Fine motor Gross motor Gross motor