

**Class:** Big Sprouts 1

**Week of:** 12/16/24

**Focus:** Winter

**Feeling of the Month:** Amazed

**Kind Act of the Month:** Being Patient

	<b>Activities</b>	<b>Skills</b>
<b>Morning Meeting</b> <i>(Feelings/ Cognitive Skills/ Literacy)</i>	<ul style="list-style-type: none"><li>• Talking about different winter creatures</li><li>• Practicing Deep Breaths and Gentle Hands</li><li>• Read Krampus Baby</li><li>• Reviewing Numbers 1-10</li></ul>	<ul style="list-style-type: none"><li>• Understanding world cultures</li><li>• Self-Soothing techniques</li></ul>
<b>Kindness and Caring</b> <i>(Self-help/ SEL)</i>	<ul style="list-style-type: none"><li>• Making Christmas Cookies</li><li>• Cleaning their faces</li></ul>	<ul style="list-style-type: none"><li>• Kindness &amp; Compassion</li><li>• Fine Motor &amp; Self Help</li></ul>
<b>Outdoor Explorations</b> <i>(Outdoor learning)</i>	<ul style="list-style-type: none"><li>• Ball Toss</li><li>• Collecting Sticks (for Krampus run)</li></ul>	<ul style="list-style-type: none"><li>• Gross Motor &amp; Sharing</li><li>• Fine Motor &amp; Sensorial</li></ul>
<b>Questioning</b> <i>(Science/Tech./ Engineering/Math)</i>	<ul style="list-style-type: none"><li>• Shaving cream snowmen</li><li>• Mixing and Baking Krampus Cookies</li></ul>	<ul style="list-style-type: none"><li>• Fine Motor &amp; Sensory</li><li>• Fine Motor &amp; Baking</li></ul>
<b>Discovery</b> <i>(Art/Sensory)</i>	<ul style="list-style-type: none"><li>• Coffee Filter Yeti</li><li>• Yeti Footprint</li></ul>	<ul style="list-style-type: none"><li>• Fine Motor &amp; Sensory</li><li>• Fine Motor &amp; Sensory</li></ul>
<b>Moving and Grooving</b> <i>(Gross Motor)</i>	<ul style="list-style-type: none"><li>• Krampus Run</li><li>• Freeze Ice Skating</li><li>• Yeti Hop</li></ul>	<ul style="list-style-type: none"><li>• Gross Motor</li><li>• Gross Motor</li><li>• Gross Motor</li></ul>