

Class: Big Sprouts 1

Week of: 11/10/24

Focus: Forests

Feeling of the Month: Scared

Kind Act of the Month: Holding Hands with Nice Hands

| | Activities | Skills |
|---|---|--|
| Morning Meeting <i>(Feelings/ Cognitive Skills/ Literacy)</i> | <ul style="list-style-type: none">● Talking about forest creatures● Practicing Deep Breaths and Gentle Hands● Read Because of an Acorn● Reviewing things you find in the forest | <ul style="list-style-type: none">● Understanding nature● Self-Soothing techniques |
| Kindness and Caring <i>(Self-help/ SEL)</i> | <ul style="list-style-type: none">● Washing Hands● Making Nature Bracelets | <ul style="list-style-type: none">● Self-Care & Cleanliness● Kindness Towards Friends |
| Outdoor Explorations <i>(Outdoor learning)</i> | <ul style="list-style-type: none">● Looking for leaves, acorns, grass, and hay● Tearing Leaves | <ul style="list-style-type: none">● Fine Motor & Nature Observation● Tearing |
| Questioning <i>(Science/Tech./ Engineering/Math)</i> | <ul style="list-style-type: none">● Mud Explosion● Counting Acorns in the Forest | <ul style="list-style-type: none">● Sensory & Understanding Nature● Counting |
| Discovery <i>(Art/Sensory)</i> | <ul style="list-style-type: none">● Nature crown● Bird Wings● Mushroom Paper Plate | <ul style="list-style-type: none">● Gluing● Sensory |
| Moving and Grooving <i>(Gross Motor)</i> | <ul style="list-style-type: none">● Sweeping Leaves on the Playground● Walking the Balance Beam | <ul style="list-style-type: none">● Nature Appreciation● Sweeping● Balancing |